



## WORKTALK DVD CHAPTER POINTS OR CD SILENT TRACK POINTS

This document helps you to locate the places in the handbook as they relate to the DVD chapter points or CD silent track points. Please note, if you have a CD player which can read CD text, then you will also see the track titles displayed.

### MODULE ONE: DEALING WITH PERSONAL PRESSURE AND STRESS

Track No	Track Titles	Page No. in Handbook	Place in Handbook
01	MODULE 1 INTRO		
02	TALK STARTS	Page 6	Quote: 'Father, forgive them'
03	MAN ON A MISSION	Page 6	Title: A Man on a Mission
04	STRESS AUDIT	Page 8	Title: A Stress Audit on Jerusalem
05	STRESS REACTIONS	Page 9	Text: People react according to their interpretation . .
06	MODULE 1 MIDPOINT (break for interactives on page 16 if appropriate)		
07	JESUS' REACTION - FATHER	Page 11	Title: Jesus' Reaction - Father
08	FORGIVENESS	Page 12	Title: Jesus' Reaction - Forgiveness
09	YOUR 'THEM'	Page 13	Title: Who is your 'Them'?
10	POEM - 'FATHER FORGIVE THEM' (available as a download)		
11	YOUR CROSS	Page 15	Title: Taking up your Cross



## WORKTALK DVD CHAPTER POINTS OR CD SILENT TRACK POINTS

Track No	Track Titles	Page No. in Handbook	Place in Handbook
01	MODULE 2 INTRO		
02	TALK STARTS	Page 18	Quote: "I tell you the truth . . ."
03	TELLING	Page 19	Title: Good News Involves Telling - I 'tell' you
04	RELEVANCE	Page 20	Title: Good News is Relevant - I tell 'you' the truth
05	MODULE 2 MIDPOINT (break for interactives on page 26 if appropriate)		
06	TIMING	Page 21	Title: Good News Involves Timing - 'today' . . .
07	JOURNEYS TO FAITH	Page 23	Talking Point: Journeys to Faith
08	POEM - IT'S HOPELESS (available as a download)		
09	HOPE	Page 24	Good News is Full of Hope - with 'Me' in paradise'



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### MODULE THREE: BALANCING WORK AND HOME LIFE

Track No	Track Titles	Page No. in Handbook	Place in Handbook
01	MODULE 3 INTRO		
02	TALK STARTS	Page 27	Quote: "When Jesus saw His mother there . . ."
03	DEFINITION	Page 29	Quote: "Work-life balance is defined . . ."
04	PURPOSE OF A LIFE	Page 32	Title: First, Living in the Moment involves Knowing the Purpose of a Life
05	ALTERNATIVES TO WORRY	Page 33	Title: Second, Living in the Moment Involves Knowing the Alternatives to Worry
06	THE VALUE OF A DAY	Page 34	Title: Third, Living in the Moment Involves Knowing the Value of a Day
07	MODULE 3 MIDPOINT (break for interactives on page 43 if appropriate)		
08	MEANING OF SUCCESS	Page 35	Title: Fourth, Living in the Moment Involves Knowing the Meaning of Success
09	IMPORTANT TASKS	Page 37	Title: Important Tasks
10	TOOLKIT	Page 39	Talking Point: A Toolkit for Balancing Your Life with Those who are Important to You
11	FOCUSSING	Page 40	Title: Focussing
12	POEM - WOMAN (available as a download)		



## WORKTALK DVD CHAPTER POINTS OR CD SILENT TRACK POINTS

### MODULE FOUR: STANDING ALONE FOR WHAT IS RIGHT

Track No	Track Titles	Page No. in Handbook	Place in Handbook
01	MODULE 4 INTRO		
02	TALK STARTS	Page 45	Title: The Worst of Times
03	A CRY	Page 46	Title: This Word is a Cry
04	A QUOTATION	Page 47	Title: This Word is a Quotation
05	WORKPLACE BIBLE	Page 49	Talking Point: Seeing the Bible Through Workplace Eyes
06	A QUESTION	Page 49	Title: This Word is Question
07	MODULE 4 MIDPOINT (break for interactives on page 55 if appropriate)		
08	WHY ALONE?	Page 51	Title: Why Was He Alone? – Because he was Doing God's Will and Not Pleasing People
09	ONLY THIS ROUTE	Page 52	Title: Why Was He Alone? – Because There Are Some Things That Can Only Be Achieved By This Route
10	TWO WAY TRUST	Page 53	Title: Two-Way Trust
11	POEM – FORSAKEN (available as a download)		



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### MODULE FIVE: BEING REAL

Track No	Track Titles	Page No. in Handbook	Place in Handbook
01	MODULE 5 INTRO		
02	TALK STARTS	Page 56	Title: All the World's a Stage
03	DESIGNER LABELS	Page 58	Title: Designer Labels
04	TRUTHFULNESS	Page 59	Title: 'I am Thirsty' is True - the Best Expression of Human Reality is to be Truthful
05	CONSISTENCY	Page 61	Title: 'I am Thirsty' Works from the Inside Out - the Best Expression of Human Reality is to be Consistent
06	MODULE 5 MIDPOINT (break for interactives on page 73 if appropriate)		
07	CORE PROCESS	Page 64	Text: An intriguing core process . . .
08	TRUE TO SELF	Page 65	Title: Being True to Yourself
09	SUFFERING	Page 67	Title: 'I am Thirsty' - the Reality of Human Suffering
10	POEM - NOTHING (available as a download)		
11	THIRSTY FOR GOD		Title: 'I am Thirsty' is a Real Human Trait



## WORKTALK DVD CHAPTER POINTS OR CD SILENT TRACK POINTS

### MODULE SIX: WORKING THROUGH TO THE END

Track No	Track Titles	Page No. in Handbook	Place in Handbook
01	MODULE 6 INTRO		
02	TALK STARTS	Page 74	Title: The Ultimate Finish
03	A JOB WELL DONE	Page 76	Title: A Job Well Done
04	A DECISIVE MOMENT	Page 77	Title: A Decisive Moment
05	THE NEW AGREEMENT	Page 78	Title: The New Agreement
06	MODULE 6 MIDPOINT (break for interactives on page 85 if appropriate)		
07	END OF OLD WAYS	Page 81	Title: 'It is Finished' Signalled the End of the Old Ways
08	SIX POINT MODEL		Title: Ending by Living Well - A Six Point Model
09	DAILY CROSS TAKING		Title: Fifth - Take up your Cross Daily
10	POEM - I SAW IT FIRST (available as a download)		



## WORKTALK DVD CHAPTER POINTS OR CD SILENT TRACK POINTS

### MODULE SEVEN: SPIRITUALITY AND SECURITY IN WORK AND LIFE

Track No	Track Titles	Page No. in Handbook	Place in Handbook
01	MODULE 7 INTRO		
02	TALK STARTS	Page 86	Quote: “Jesus called out with a loud voice . . .”
03	HUMAN SPIRITUALITY	Page 88	Title: Human Spirituality
04	THE CHALLENGE	Page 91	Quote: “These are the chief dangers facing us . . .”
05	HOW DOES THIS HAPPEN	Page 92 (bottom)	Text: This of course begs the question ‘how does this happen in my work?’
06	MODULE 7 MIDPOINT (break for reflection if appropriate)		
07	TEN DISCIPLINES	Page 95	Text: You may now be convinced, inspired . . .
08	SPACES	Page 95	Text: example (e) Spaces
09	HIDING	Page 97	Title: Discipline Four: Hiding
10	MONITORING	Page 98	Title: Discipline Seven: Monitoring
11	DELIGHTING	Page 99	Title: Discipline Ten: Delighting
12	POEM – I HAVE TRAVELLED (available as a download)		