



## WORKTALK FAQs

### WHAT IS WORKTALK?

WORKTALK was founded in 1997 by Geoff Shattock and is now one of the UK's leading providers of spiritual resources for Christians at work. It is a charitable ministry and although based in South West London operates internationally.

### WHO IS THIS GEOFF SHATTOCK?

Geoff is Founder of WORKTALK. An ordained and experienced minister Geoff has been involved in preaching teaching and training for over 25 years. He has been a local church minister, Director of a Christian Center and Mission Advisor to the London Baptist Association. A specialist in stress management and member of the International Stress Management Association he uses his training in Physiology, Stress Psychobiology and Theology to design resources to help people work well by working spiritually. He passionately believes in removing unnecessary pain from working lives.

### WHAT IS WORKTALK'S FOUNDATION?

WORKTALK is founded on the fact that the seven sentences spoken by the historical figure of Jesus of Nazareth as he died give you profound insight into the way he fulfilled His life's mission, purpose and work, and form a perfect model for you to adopt in fulfilling yours.

We ask the question 'Can a man who changed the world can change the way you work?'

### WHAT ARE WORKTALK'S SPECIALIST AREAS?

WORKTALK Specializes in 8 areas:

1. Coping with personal pressure and stress
2. Creating a good news working culture
3. Balancing work and home life
4. Expressing personal integrity

5. Being real and true to yourself at work
6. Finishing well and getting things done
7. Developing workplace spirituality
8. Discovering personal purpose and mission

### WHAT IS WORKTALK'S VISION?

The vision of WORKTALK is to enable people to see that the Man who changed the world can change the way we work.

The mission of WORKTALK consists of finding ways to get the seven key working practices of Jesus of Nazareth available globally, adopted locally, and applied personally.

### WHAT ARE WORKTALK'S RESOURCES?

WORKTALK course, retreats and consultancy are aimed at small to medium sized groups whereas the conferences and Sunday services are for larger audiences. Solutions also vary in their time element. Conferences are typically half to two days in length and usually one day. Consultancy can be a two hour seminar or a day training. Coaching is usually four two-hour sessions and the WORKTALK course is seven forty-five minute talks

### HOW CAN WORKTALK HELP ME EACH WEEK?

On 5<sup>th</sup> November 2001 a weekly email service was launched. Originally Called 'WakeUpCall' now WORKTALKweekly it is a bible based work related thought for the week and goes to several thousand. You can register yourself for this service at the web site or, if you are in a group of 20 or more, we can work with you on a group registration and your group can receive WORKTALKweekly with your logo on it. There are nearly 300 previous editions at the web site.



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### DO YOU HAVE A COURSE ON WORK?

A major resource is the WORKTALK course on working spiritually. This is a seven part audio or DVD series with a comprehensive handbook based on the seven sayings of Christ on the cross. The WORKTALK course covers issues such as coping with stress; witnessing at work; balancing home and work; standing for what is right; being yourself at work; finishing well and staying spiritually fresh while busy. The WORKTALK course is being used by individuals, small groups and whole churches to tackle this vital issue.

### HOW CAN MY CHURCH BENEFIT?

Inviting Geoff to preach at a Sunday service is the way that many churches partner with WORKTALK to equip members. This can also prepare the way for a taster conference and the introduction of the WORKTALK course.

### ANYTHING FOR CLERGY?

We now offer sessions on coping with clergy stress which enable clergy to look at their own situations as well be further equipped to help their own congregations.

### CAN YOU HELP ME WITH MY BIGGER ISSUES?

Geoff or one of our associates can help you with one-to-one coaching looking at issues such as am I in the right job; what should I do next or how can I understand myself and my calling? In addition WORKTALK runs two day retreats for those who wish to look at their lives and seek clarity.

### ARE THERE ANY RESOURCES FOR MY WORKPLACE?

We can design and deliver learning programs on

stress, teambuilding, balance and other people related issues for you at work. All programs are based on Christian principles and are suitable for churches, charities, businesses and schools.

### WHAT OTHER TYPES OF RESOURCE DO YOU HAVE?

#### Wake Up To Work

*a book on friendship and faith  
in the workplace connected to module two*

#### Wake Up To Work audio CD

*27 2-minute workplace thoughts  
for the day/week*

#### The Watchmaker's Questionnaire

*an eight part audio pack on  
personal and spiritual development - cassette  
only*

### WHERE CAN I GET HOLD OF THESE RESOURCES?

Details are available at the web site:

**[www.worktalk.gs](http://www.worktalk.gs)**

### IS THERE ANY WAY I CAN HELP WORKTALK HELP OTHERS?

At the web site you can join our prayer supporters for the ministry as well as make a donation to the ministry which is almost totally reliant on gift income.

Thank you and  
Work Well...

#### WORKTALK

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